

Fitodenta GINGIVAL Gel

Professional Recommendations for Dentists and Oral Healthcare Professionals

This document is intended for dentists and oral healthcare professionals as guidance on recommending Fitodenta Gingival Gel to patients for the daily care of gums and oral mucosa. The product is designed to support gum and oral mucosal comfort, particularly following dental procedures or in cases of increased sensitivity.

1. Intended Use

- For sensitive gums or oral discomfort.
- For irritated oral mucosa.
- Following dental procedures (professional dental cleaning, teeth whitening, restorations, prosthetic treatments).
- In cases of oral dryness.
- For patients wearing braces or orthodontic appliances when additional comfort is desired.

2. Recommendations for Use

Following dental procedures:

Recommend that the patient gently apply a small amount of gel to the gums or sensitive areas of the oral mucosa 2–4 times daily.

For everyday discomfort or sensitivity:

The gel may be applied locally for 3–7 days or according to individual needs as a complement to the daily oral care routine.

The product is compatible with standard oral hygiene practices.

3. Properties of the Ingredients (Cosmetic Context)

- **Hyaluronic Acid** – helps maintain moisture and comfort of the oral mucosa.
- **CBD and Botanical Extracts** – help support a feeling of comfort in sensitive areas.
- **Menthol and Xylitol** – provide a refreshing sensation and help maintain a pleasant oral environment.

4. Safety Information

For oral cavity use only. Avoid contact with the eyes. Discontinue use if sensitivity to any of the ingredients occurs. Keep out of reach of children.

5. Integration into Patient Care

The product may be recommended to patients as a complement to their daily oral care routine, as a comfort-supporting measure following dental procedures, and as part of the care of sensitive gums.